

Denville P.A.L. Basketball Rules (Grades 3-8)

<p><u>Game Playing Time</u></p>	<p><u>Boys</u></p> <ul style="list-style-type: none"> • 3/4 Divisions -The game will consist of four (4) six (6) minute quarters, stopped time. At half time, each team will select two (2) players to take a free shot from a place of their choosing. This <u>MUST</u> be players who do not get many opportunities to touch or shoot the ball • 5/6 Divisions – The game will consist of four (4) ten (10) minute quarters, running time. Clock will stop at the 5 minute mark of each quarter for substitutions. Clock will stop on shooting fouls and will restart on the first shot once the shooter receives the ball. During the last two (2) minutes of the 4th quarter (and OT as applicable), the clock will be stopped for each whistle, unless there is a point differential of 15 or more points. • 7/8 Divisions – The game will consist of four (4) ten (10) minute quarters, running time. Clock will stop at the 5 minute mark of each quarter for substitutions. Clock will stop on shooting fouls and will restart on the first shot once the shooter receives the ball. During the last two (2) minutes of the 4th quarter (and OT as applicable), the clock will be stopped for each whistle, unless there is a point differential of 15 or more points. • Overtime will be two (2) minutes in duration, stopped time. Two (2) OT's maximum. <p><u>Girls</u></p> <ul style="list-style-type: none"> • 3/4/5 Divisions -The game will consist of four (4) six (6) minute quarters, stopped time. At half time, each team will select two (2) players to take a free shot from a place of their choosing. This <u>MUST</u> be players who do not get many opportunities to touch or shoot the ball • 6/7/8 Divisions – The game will consist of four (4) eight (8) minute quarters, stopped time. • Overtime will be two (2) minutes in duration. Two (2) OT's maximum.
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<p><u>Player Playing Time</u></p>	<ul style="list-style-type: none"> • Each Quarter will be divided up into 2 segments at the midway point of the Quarter. Each player must play in each Quarter. Only exception is if there are more than 10 on the team. • All players must play a minimum of four (4) full segments. If a team has 9 players, each player can only play a maximum of 5 segments. If a team has 8 players, each player can only play a maximum of 6 segments. If a team has 7 players, each player can only play a maximum of 6 segments. • Exception: With six (6) players, all players must play a minimum of three (3)
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	<p>full quarters. Prior to the game starting the opposing team coach may select one player to play at most three (3) full quarters, if they so choose. If a team starts the game with five players and a sixth player arrives after the game has started it is the responsibility of the coach to advise the opposing coach of that player's arrival and the opposing coach may then select one player to play at most three (3) quarters.</p> <ul style="list-style-type: none"> • If a player comes late to a game he/she MUST play half of the time remaining in the game (time beyond that is at the coaches' discretion). • Overtime is at the two coaches' discretion – if there is a disagreement between the two coaches the overtime (s) will be played. • Any violation of these substitution rules will result in a forfeiture of that game.
<p><u>Time Outs</u></p>	<ul style="list-style-type: none"> • Each team will have two (2) time-outs per half. One (1) time-out will be allowed (per team) in each overtime. Unused timeouts will not carry over to the overtime periods. • If a coach calls a time-out that they do not have his team will be issued a one shot technical foul. • Injured players may be substituted back in at any time that quarter.

<p><u>Defense</u></p>	<p><u>Boys</u></p> <ul style="list-style-type: none"> • For 3rd/4th grades: Man to man defense is mandatory for the whole game. For 3rd/4th grades: No double teaming (trapping) – warnings will be issued but no technical fouls will be awarded. Man to Man Defense will begin when the offense breaks the any area of the 3-point line. The offense should never use this rule to preserve a lead. Once the Offense breaks the 3-point line, the defense can cover the entire half court. • 5th/6th Grade: 1st Half: Man-to-Man Only. 3rd /4th Quarter: Any Halfcourt Defense Allowed (double teaming is allowed). The second segment of the 4th Quarter: Any Defense is allowed and Pressing is allowed up to 15 point differential. • 7th and 8th grade: 1st Quarter: Man-to-Man only. 2nd Quarter: Any half-court defense is allowed (double teaming is allowed). 3rd /4th Quarter: Any defense is allowed (including double teaming) and pressing is allowed up to 15 point differential. <p><u>Girls</u></p> <ul style="list-style-type: none"> • For 3rd/4th/5th grades: Man to man defense is mandatory for the whole game. For 3rd/4th/5th grades: No double teaming (trapping) – warnings will be issued but no technical fouls will be awarded. Man to Man Defense will begin when the offense breaks the any area of the 3-point line. The offense should never use this rule to preserve a lead. Once the Offense breaks the 3-point line, the defense can cover the entire half court.
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	<ul style="list-style-type: none">6th/7th/8th Grade: 1st Half: Man-to-Man Only. 3rd /4th Quarter: Any Halfcourt Defense Allowed (double teaming is allowed). The second segment of the 4th Quarter, Any Defense is allowed and Pressing is allowed (with up to three (3) players) up to 15 point differential.
<u>Possession</u>	<ul style="list-style-type: none">Possession alternates each jump ball and quarter, starting with the team who gains possession at the tip-off. A jump ball will start the over-time periods.Any discrepancy between the possession arrow on the scoreboard and the status kept by the referee will be called in agreement with the referee on the court.
<u>Out of Bounds</u>	<ul style="list-style-type: none">All four sides of the backboard are considered in-bounds provided the ball comes back on the court. (The wires on the top of the backboard are out of bounds).
<u>Lane Violation</u>	<ul style="list-style-type: none">Three (3) seconds in the offensive lane for the Boys' 5/6 and 7/8 divisions and Girls' 6/7/8 division – no violations for three (3) seconds in the Boys' 3/4 and Girls 3/4/5 divisions.
<u>Ball Size</u>	<ul style="list-style-type: none">All teams will use the smaller 28.5 (or WNBA) balls instead of the standard 29.5, except for the 7th/8th grade boys. They will use 29.5.
<u>Fouls</u>	<ul style="list-style-type: none">Two (2) foul shots are awarded for fouls committed in the act of shooting.Five fouls on a player result in that player being ejected from the game. The exception to this rule is if a team has only four or five players and one of them "fouls out" he/she may remain in the game but, if he/she commits additional fouls, the opposing team will be awarded a one shot technical foul and possession.One and one foul shots are awarded on the seventh (7) and subsequent fouls in a half. Teams can rebound on the first foul shot, if missed. The shooter will receive

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	<p>two shots on and after the 10th team foul of each half.</p> <ul style="list-style-type: none">• The shooter and players behind the three point arc cannot enter the lane until the ball hits the rim - players on each side of the foul lane can enter the lane once the ball is released by the shooter.• Only three rebounding players are allowed on each side of the key during a foul shot. (All other players must be behind the 3 pt arc, behind the foul line extended).• A player or coach will be issued a warning for an illegal offense and an illegal defense. Second and all subsequent offenses will result in a one shot technical foul.• A two shot technical foul will be awarded for unsportsmanlike conduct by either a player or a coach.• A two shot technical foul will be awarded for intentional or flagrant fouls• No offensive clear out plays allowed – warning will be issued for the first offense and a one shot technical four will be issued for all subsequent offenses.• Coaches and players on the bench must remain seated during play. A warning will be issued for the first violation, a one shot technical foul will be given for the second violation, and a two shot technical foul and ejection from the game for the third violation.• Any coach or player heard swearing by the referee will result in a two shot technical foul and ejection from the gym.
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